

- I, Sanjiv Chopra, have no financial relationships with a commercial entity producing healthcare-related products and/or services.

Leadership Lessons from the Pages of History and Contemporary Times

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All great leaders by their
**passion and sense of
purpose**, and their
accomplishments, **live a
great story**.

Their stories are told and
retold by the people they
inspire and later by
historians. The stories
resonate with people in all
the lands, and they do so for
a long, long time.



Inspired Leadership during Coronavirus Crisis



Are Women Better Leaders than Men?

- 78% of top managers were men in a survey of 7,280 leaders.
- However at all levels women rated higher in 12 of the 16 competencies for outstanding leadership.
- Women more often took initiative and drove for results (traditionally thought to be male strengths).
- One conclusion: Many women have strong leadership skills which are strongly correlated to organization success – retaining talent, employee engagement, customer satisfaction and profitability.

Jack Zenger. Joseph Folkman. Harvard Business Review

Are Women Better Leaders than Men?

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Leadership Mnemonic

Listening

Empathy

Attitude

Dreaming Big

Effectiveness

Resilience

Sense of Purpose

Humility

Integrity

Pack others' Parachutes



Leaders Are Good Listeners

“Listen a hundred times. Ponder a thousand times. Speak once.”

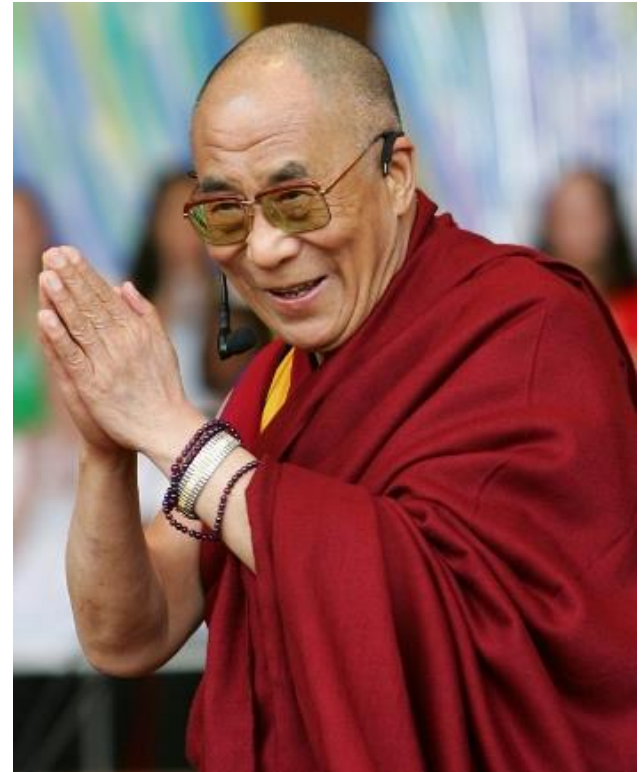
-Anonymous

“It is in the province of knowledge to speak, and it is in the privilege of wisdom to listen.”

-Oliver Wendell Holmes

Great Leaders Have Empathy & Compassion

“Be kind whenever possible.
It is always possible.”



His Holiness, The Dalai Lama

“Compassion is the highest form of wisdom.”

The Talmud

Partners in Health Care

Founded in 1987



Paul Farmer
1959-2022



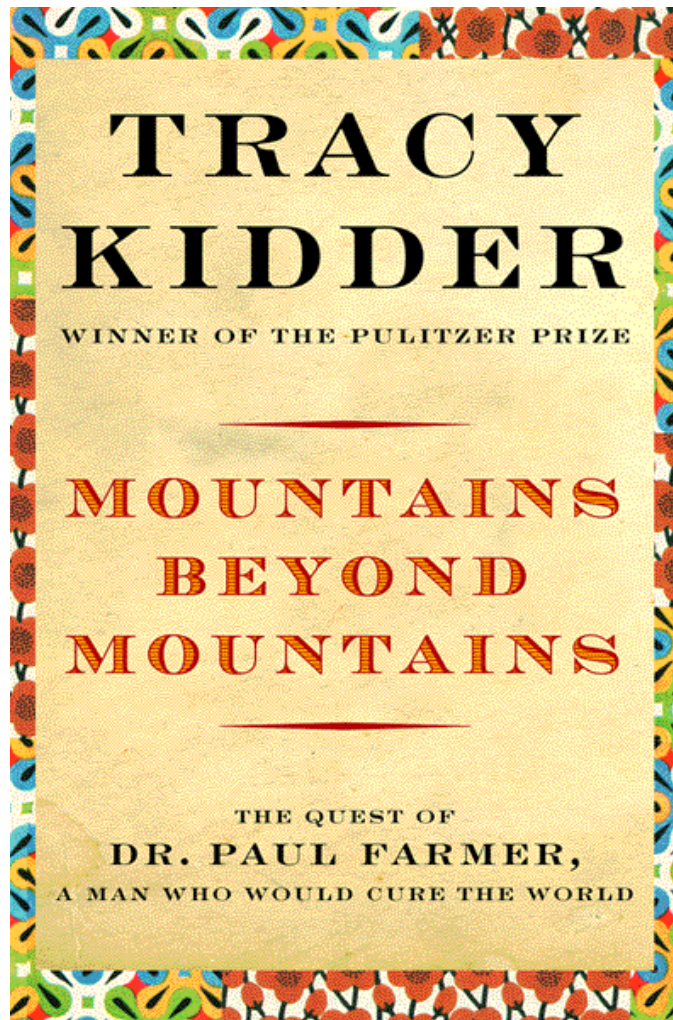
Jim Kim

“The idea that
some lives matter
less is the root of
all that’s wrong
with the world.”



Paul Farmer, MD





What work are *you* doing?



It's all about attitude

Can't you see, I'm carrying bricks on this hot,
muggy day!

I'm helping build the most beautiful cathedral in
the world !

Leaders possess an **attitude** that is **upbeat** and **courageous**

“**Courage** is rightly
esteemed the first of
human qualities,
because it is the
quality that guarantees
all others.”



Sir Winston Churchill

Great leaders lead with both heart and soul.

Countries without great leaders – leaders without soul – will not only be economically and ecologically disadvantaged, they will also be spiritually bankrupt.

They will emerge free from the morass and the shackles only when an enlightened leader appears.

Dream of owning a horse farm

You can keep the **F**. I will keep my **dream**.

“Ah, a man’s reach should exceed his grasp or
what’s a heaven for. ”



Robert Browning
1812-1889

Leaders Dare to Dream Big

“To dare is to lose one’s footing momentarily. Not to dare is to lose one’s self.”

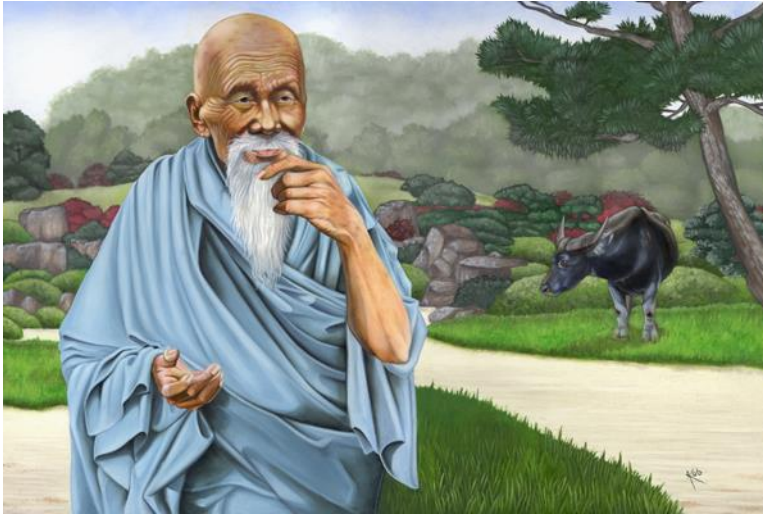


Søren Kierkegaard

Danish Philosopher

1813-1855

“A journey of a thousand miles begins with a single step.”



Lao Tzu

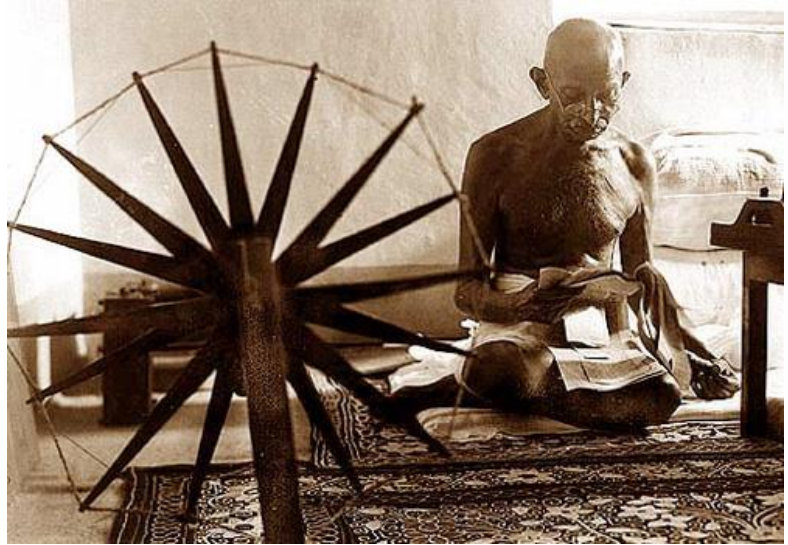
The Gandhi Salt March, 1930



386 Km (240 miles) over 24 days

The Seven Sins

Wealth **without** work
Pleasure **without** conscience
Knowledge **without** character
Commerce **without** morality
Science **without** humanity
Worship **without** sacrifice
Politics **without** principle



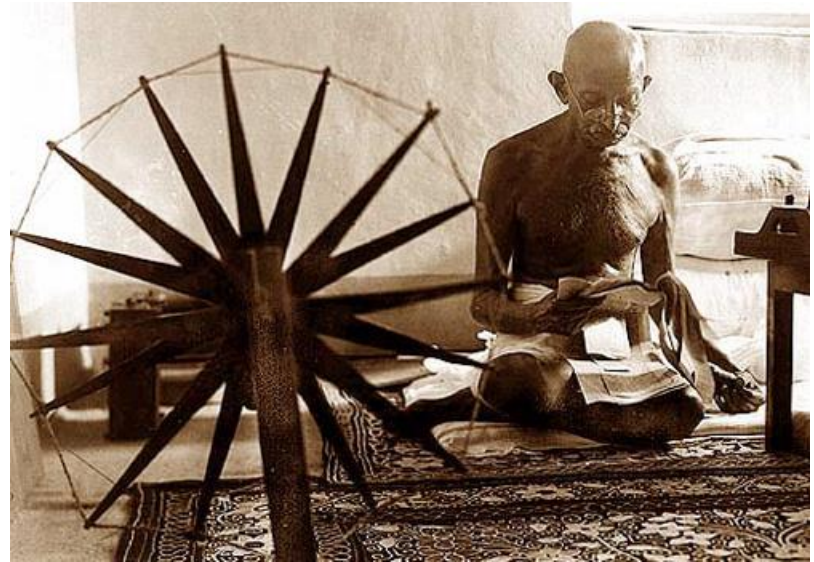
Mahatma Gandhi

Gandhi's Worldly Possessions

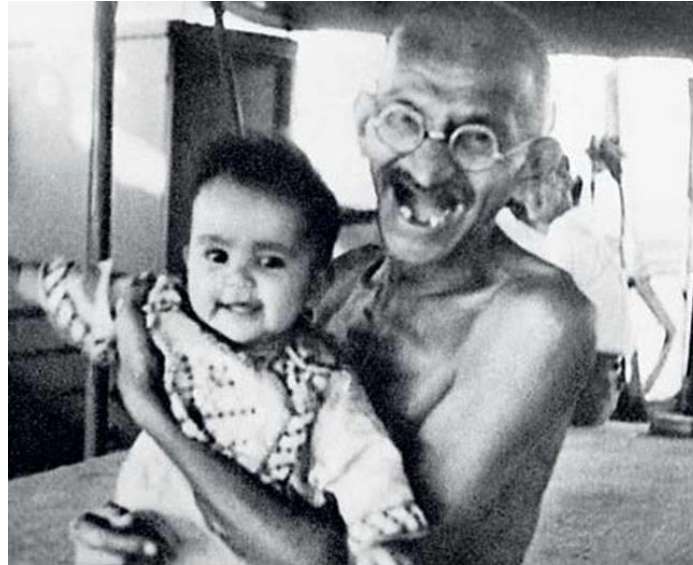


Gandhi's eloquence was masterful...

“It is my certain conviction
that with every thread I
draw, I am spinning the
destiny of India”

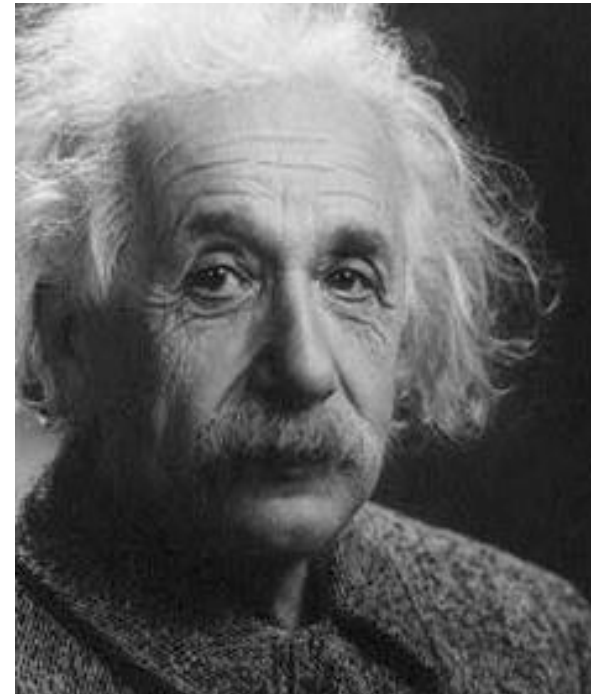


**Why didn't Gandhi tell the boy not to eat sugar
the first time that he met him?**



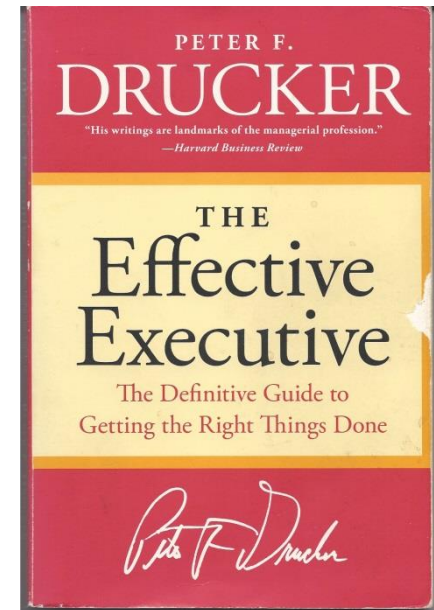
“At that time, I had not given up sugar.”

“Generations to come, it may be, will scarce believe that such a one as this, ever in flesh and blood walked upon this earth.”



Albert Einstein

“Efficiency is doing things right;
Effectiveness is doing the right things.”



Peter F. Drucker

We are resolved to destroy Hitler and every vestige of the Nazi regime. From this nothing will turn us – nothing. We will never parley. We will never negotiate with Hitler or any of his gang. We shall fight him by land. We shall fight him by sea. We shall fight him in the air, until with God's help we had rid the earth of his shadow and liberate its people from his yoke.



Sir Winston Churchill

Was Hitler a Great Leader?



“The fact is that Hitler was beloved by his people ...the average Germans pledged to him an affection, a tenderness and a fidelity that bordered on the irrational.

His kingdom collapsed after 12 years in a war that remains the most atrocious, brutal and deadliest in history. But which, by the same token, allowed several large figures to emerge. Their names have become legendary: Eisenhower, De Gaulle, Montgomery, Zhukov and Patton.

But when later we evoke the 20th century, among the first names that will surge to mind will be that of a fanatic with a mustache who thought to reign by selling the soul of his people to the thousand demons of hate and of death.”



Elie Wiesel
1928-2016
Nobel Laureate

May 8, 1945 V-E Day

“This is your victory! In all our long history we have never seen a greater day than this. Everyone has tried. Neither the long years, nor the dangers, nor the fierce attacks of the enemy, have in any way weakened the independent resolve of the British nation.”



Sir Winston Churchill

ARTHUR HERMAN

Bestselling Author of *How the Scots Invented the Modern World*

GANDHI & CHURCHILL



The Epic
Rivalry That
Destroyed
an Empire
and Forged
Our Age



HARVARD
MEDICAL SCHOOL



It is alarming and also nauseating to see Mr. Gandhi, a seditious Middle Temple lawyer of the type well-known in the East, now posing as a fakir, striding half naked up the steps of the Viceregal palace to parley on equal terms with the representative of the King-Emperor.

(Winston Churchill)

izquotes.com

- In 1943, **up to four million Bengalis starved to death** when Churchill diverted food to British soldiers and countries such as Greece while a deadly famine swept through Bengal.
- “This is a man the British would have us hail as an apostle of freedom and democracy, when he has as much blood on his hands as some of the worst genocidal dictators of the 20th century,”
- “People started dying and Churchill said well it’s all their fault anyway for breeding like rabbits. He said ‘I hate the Indians. They are a beastly people with a beastly religion’.”

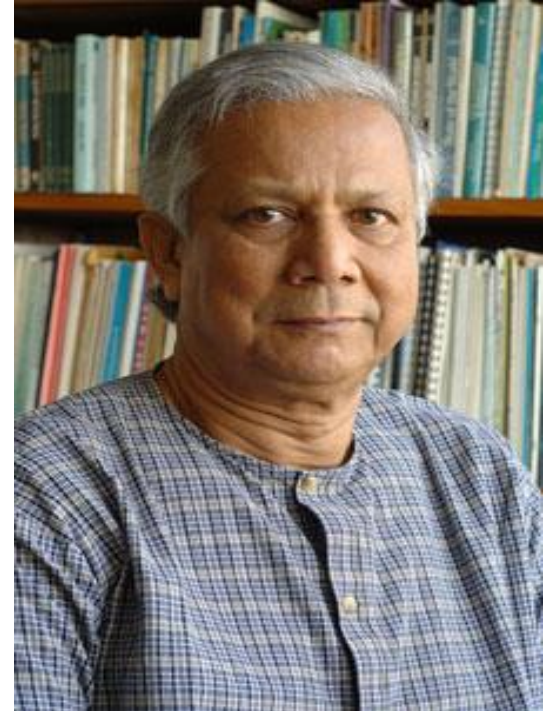


Shashi Tharoor

A Visionary Leader

One day, in a destitute village, he met Sufiya Begum. She made bamboo stools and earned two cents a day.

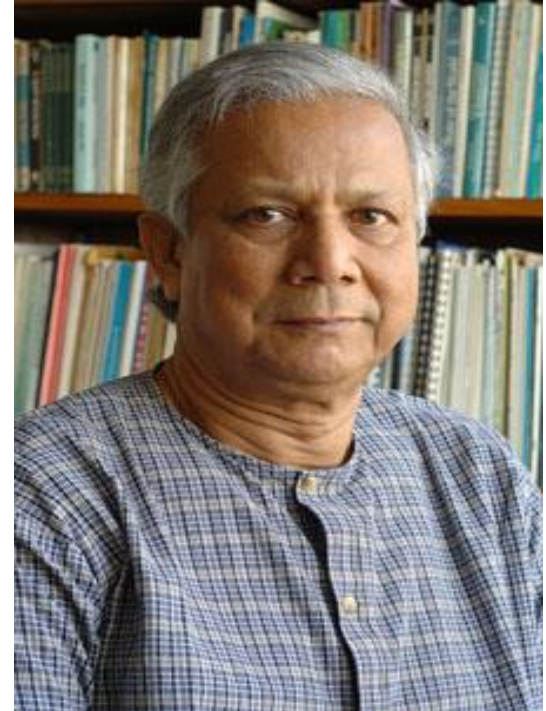
“I was shocked. In my university courses, I theorized about sums in the millions of dollars but here before my eyes, the problems of life and death were posed in terms of pennies.”



Muhammad Yunus
Nobel Laureate

Grameen Bank, A Bank for the Poor

“Muhammad Yunus has shown himself to be a leader who has managed to translate visions into practical action for the benefit of millions of people, not only in Bangladesh, but also in many other countries.”



Muhammad Yunus
Nobel Laureate

Citation, Nobel Peace Prize Committee, 2006

“Where there is no vision,
the people perish.”



King Solomon

Great leaders **reflect on key events in their life or a single transformative or ‘magical’ moment.** The moment can be jolting and starkly negative, yet it is momentous.

From it emerges a burning desire to have a laser-like focus and passion to make that dream a reality.

“Every life has a measure of sorrow.
Sometimes it is this that awakens us.”



Buddha



Papa Jaime

Great leaders possess a Sense of Purpose

“The great and glorious masterpiece of man is to live with purpose.”



Michel de Montaigne

Young People Can Lead

Unite For Sight:

As a Yale Pre-Med student, Jennifer Staple was shocked to see so many cases of preventable blindness.



Jennifer Staple

Unite For Sight

“Follow your bliss and
doors will open where
there were no doors
before.”



Joseph Campbell

Great Leaders Have Humility

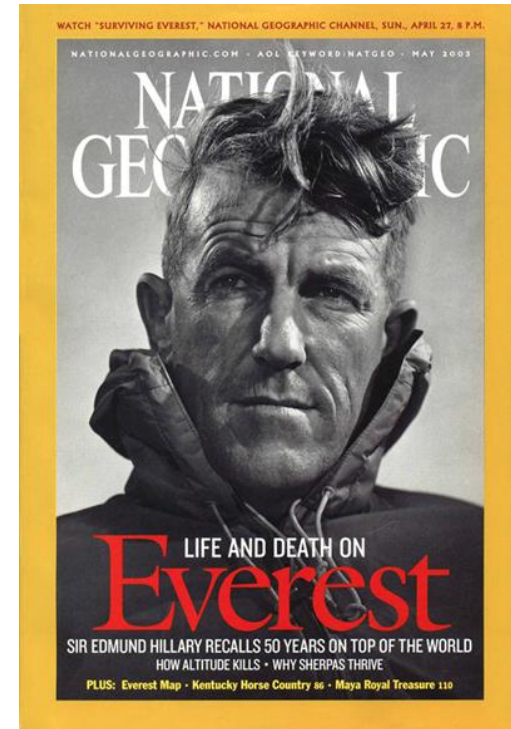
“I was just an average bloke; it was the media that transformed me into a heroic figure. But as I learned through the years, as long as you didn’t believe all that rubbish about yourself, you wouldn’t come to much harm.”



Sir Edmund Hillary

Great Leaders Have Humility

“I have enjoyed great satisfaction from my climb of Everest. But, my most worthwhile things have been the building of schools and medical clinics. That has given me more satisfaction than a footprint on a mountain.”



Sir Edmund Hillary

“It is not the mountain that we
conquer, but ourselves.”



Sir Edmund Hillary

Two Great Philanthropists

Zakaria to Bill Gates: “Do you think history will remember you as the man who created Microsoft or the man who created the Gates Foundation?”



Gates: “You know, who knows how history will think of me? You know, the person who played bridge with Warren Buffet, maybe. Or maybe not at all.”



Many Great Leaders Possess A Sense of Humor

Reporter to Prime Minister
Disraeli: “What’s the difference
between misfortune and
calamity?”

Disraeli: “If Mr. Gladstone fell
into the Thames, that would be a
misfortune; if someone were to
drag him out, that would be a
calamity.”

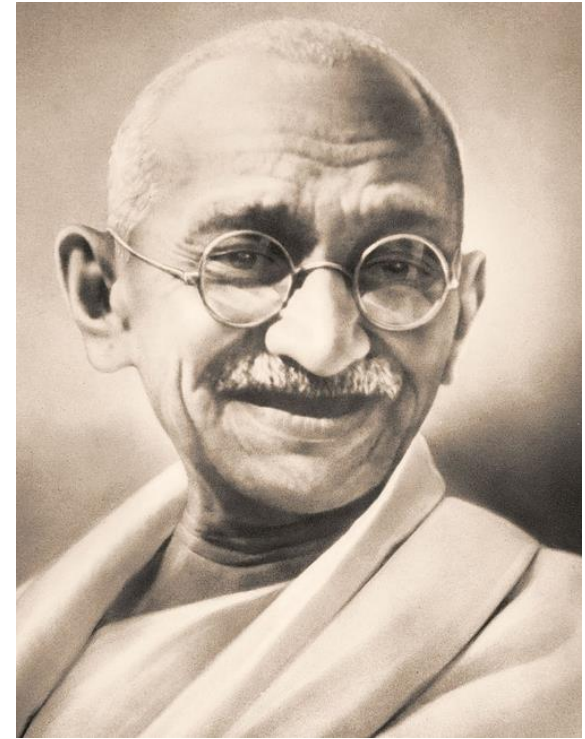


Prime Minister Disraeli

Many Great Leaders Possess A Sense of Humor

Reporter to Gandhi: “What do you think of Western civilization?”

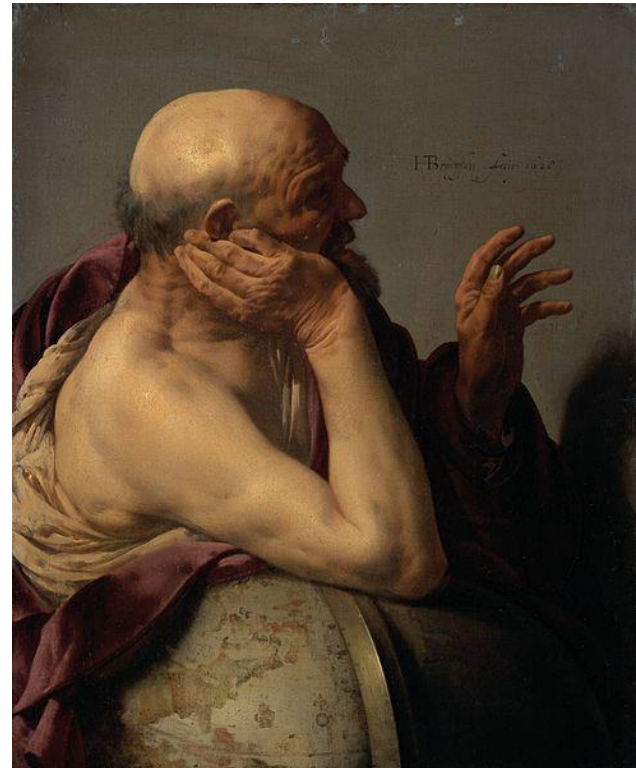
Gandhi: “I think it would be a good idea.”



Mahatma Gandhi

“The soul is dyed the color of its thoughts. Think only those things that are in line with your principles and can bear the full light of day. The content of your character is your choice. Day by day, what you choose, what you think, and what you do is who you become.

Your integrity is your destiny.”



Heraclitus

Greek Poet, Philosopher

Great Leaders...

Pack Other Peoples' Parachutes

“How’s Your Parachute
Packing Coming Along ?”



Capt. J. Charles Plumb

Leadership is a marathon journey, not a sprint.
Along the way, there can be many a heartbreak hill.

Let Me Offer You My Definition of Leadership

“Leadership is the ability to articulate a vision and walk the path, such that it inspires people to rise above the banality and strife of their common-day existence and achieve a higher and common goal.”

Leadership Mnemonic: The 10 Tenets

Listening

Empathy

Attitude

Dreaming Big

Effectiveness

Resilience

Sense of Purpose

Humility and **H**umor

Integrity

Pack others' **P**arachutes

Inspirational Leaders



An Inspirational Leader

- When asked if he harbored resentment against his captors, Nelson Mandela, who had been imprisoned for 27 years, answered:

*Resentment is like drinking poison
and then hoping it will kill your enemies.*



“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison.”



So Many Inspirational Leaders



Marie Curie



Eleanor Roosevelt



Mother Teresa



Malala



Oprah

“Small minds discuss people
Average minds discuss events
Great minds discuss ideas”



Eleanor Roosevelt

**This Young Lady is 18 Years Old.
Do you know her name and what she stands for?**



Greta Thunberg

A Few Notable Events

- Political Activist seeking to stop Global Warming and Climate Change
- She has spoken at TED x Stockholm
- She has addressed the UN Climate Change Conference
- She was invited to talk to the World Economic Forum at Davos
- Youth Climate Strikes held in 100 Countries on Friday March 15, 2019
- Nominated for Nobel Peace Prize in 2020



Greta Thunberg



Adults keep saying we owe it to the young people, to give them **hope**,”

“But I don’t want your **hope**. I don’t want you to be **hopeful**.

I want you **to panic**. I want you to **feel the fear** I feel every day. I want you **to act**. I want you to act as you would in a crisis. **I want you to act as if the house is on fire, because it is.**”

It Is Always Possible To Lead

"If I were to wish for anything, I should not wish for wealth and power, but for the passionate sense of the potential, for the eye which, ever young and ardent, sees the possible. Pleasure disappoints, possibility never. And what wine is so sparkling, what so fragrant, what so intoxicating, as possibility!"



Søren Kierkegaard
Danish Philosopher

Leadership Opportunities Abound.

One can **Lead** at many different levels

Your and my **Leadership** doesn't have to be audacious and daunting.

Have you heard of the Starfish Parable?



Many, if not all, of you have already led.

I invite you to take a moment and reflect on it.

Then go tell your story.

**Each One of You Has
the Spark of Leadership**

Keep it ignited!



Dr. Sanjiv Chopra

with David Fisher

Leadership
by
Example



The Ten Key Principles
of All Great Leaders



HARVARD
MEDICAL SCHOOL

Be Generous With Your Parachute Packing

“He who gives liberally goes straight to the Gods.
On the high ridge of Heaven, he stands exalted.”

Rig Veda

“Just as a compass points towards a magnetic pole, your True North pulls you towards the purpose of your Leadership. When you follow your internal compass, your Leadership will be authentic your truth is derived from your life story, and only you can determine what it should be.”



Bill George

True North, with Peter Sims